

MERIT

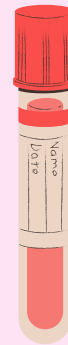
Impact of MENstruation
on glycemic Response and exercise
In females with Type 1 diabetes



WE ARE SEEKING

WOMEN WITH T1D

- **MUST BE BETWEEN 18-45**
- **MUST BE WILLING TO ENGAGE IN EXERCISE, AND TRACK PHYSICAL ACTIVITY AND DIET**



- **COMPENSATION IS PROVIDED**
- **UP TO \$630**



THIS STUDY PLANS TO LEARN MORE ABOUT GLYCEMIC CONTROL ACROSS THE MENSTRUAL CYCLE AND TO UNDERSTAND GLYCEMIC RESPONSES TO CHANGES IN SEX HORMONES DURING MENSTRUAL CYCLES OR WHILE TAKING HORMONAL BIRTH CONTROL. WE ARE ALSO INTERESTED IN LEARNING MORE ABOUT GLYCEMIC RESPONSES TO EXERCISE IN WOMEN.



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